



Home Health Aide Training

1. Classroom and practical training must total at least 75 hours
2. Minimum of 16 hours must precede a minimum of 16 hours practical training as part of 75 hours.
3. Program must cover:
4. Communication, including ability to read, write and verbally report to patients, representatives, caregivers and agency employees
5. Observation, reporting and documentation of patient status and care furnished
6. Reading and recording temperature, pulse and respiration
7. Basic infection control
8. Elements of body functioning and related changes that must be reported to supervisor
9. Maintenance of clean, safe and healthy environment
10. Recognition of emergencies and how to access emergency procedures
11. Physical, emotional and developmental needs of the agency's patient population including need for respect for the patient, patient privacy and property
12. Appropriate and safe techniques in performance of personal hygiene and grooming tasks including:
 - a. Bed bath
 - b. Sponge, tub and shower bath
 - c. Hair shampooing in sink, tub and bed
 - d. Nail and skin care
 - e. Oral Hygiene
 - f. Toileting and elimination
 - g. Transfer and ambulation
 - h. Normal Range of Motion and positioning
 - i. Adequate nutrition and fluid
 - j. Recognizing and reporting changes in skin condition
 - k. Any other task that the agency may assign to an aide as allowed by state law
13. The HHA is responsible for training home health aides, as needed, for skills not covered in the basic checklist, as described in paragraph (b)(3)(ix) of this section.
14. Agency must retain written documentation of training.