

Employee Name: \_\_\_\_\_

Date: \_\_\_\_\_

Supervisor: \_\_\_\_\_

Score: \_\_\_\_\_

### Top 15 Most Prescribed Meds so far in 2011

<b>Vicodin</b>	Zocor	Lisinopril
<b>Synthroid</b>	Norvasc	Prilosec
<b>Zithromax</b>	Amoxicillin	Metformin
<b>Hydrochlorothiazide</b>	Xanax	Lipitor
<b>Furosemide</b>	Metoprolol	Ambien

This list of the top 15 drugs prescribed in the United States thus far in 2011. The good news is that they are all generics meaning they are available at a lower cost. The bad news is that because they have become so common, we forget that these are major pharmaceuticals with potentially serious side effects.

See how well you know your meds by answering the questions below:

- 1. Which medication(s) indicate a need for electrolyte monitoring?**
- 2. You would teach a patient that eating yogurt may prevent side effects of which medication(s)?**
- 3. Which medications may cause bradycardia?**
- 4. A patient who takes Prilosec may be deficient in which vitamin?**
- 5. Which drug is a proton pump inhibitor?**
- 6. Side effects of Lasix include do NOT include which of the following?**
  - Extremely high serum potassium
  - Increased thirst
  - Muscle cramps
  - Very low serum potassium
- 7. Your patient has been without pain since admission. Several weeks ago he saw the MD and was started on new medications. On your most recent visit, he complained of severe leg pain and weakness. Which medication would you be concerned about?**
  - Synthroid
  - Zocor
  - Metformin
  - Hydrochlorothiazide

- 8. You call the MD's office and are unable to talk to the MD. What would you teach the patient?**
- Go to the emergency room if it doesn't get better
  - Hold the suspect medication
  - Safe administration of Vicodin
  - Tell the patient that he will most likely have to have blood drawn and to not eat anything until he hears from you.

**9. Match the Medication with associated lab work:**

Furosemide	Metformin
Metformin	Metabolic Panel
Lipitor	A1C
Synthroid	TSH, T4, Free T4, Free T3

**10. Long term use of Proton Pump inhibitors has been associated with which of the following?**

- Dry, flaky skin prone to breakdown
- Broken Hips
- Vitamin B-12 deficiency
- B and C above
- None of the above

**11. You admit a patient post hospitalization for knee surgery. In reviewing medications you notice that your patient is on metformin. Which of the following should be included on the plan of care?**

- Diabetic foot inspection
- Obtain lab for Hemoglobin A1C (draw or get copy from MD)
- A low sodium, diabetic diet
- Obtain date of last eye exam by an ophthalmologist and assist pt to make appointment if last exam was more than one year ago.
- All of the above

**12. Your patient normally has a slow, steady pulse in the 60's. Today when you assess him, his heart rate is 94. He is asymptomatic and has does not appear to be in any distress. Failure to take which prescribed medication may cause this increase in heart rate?**

- Amoxicillin
- Zocor
- Xanax
- Metoprolol

**13. Which of the following is NOT appropriate teaching for Amoxicillin?**

- You should take this medication until complete
- This medication may cause side effects such as diarrhea or yeast infections.
- This medicine may cause sleepiness
- This medicine is given for infection

**14. Synthroid side effects may include:**

- a. Partial hair loss
- b. Sleeplessness
- c. Heat intolerance
- d. Impaired judgment

**15. Vicodin is a combination of which two medications**

- a. Hydrocodone and aspirin
- b. Oxycodone and acetaminophen
- c. Hydrocodone and acetaminophen
- d. Oxycodone and hydrocodone

**16. List five medications that have hydrocodone as a main ingredient?**

- a.
- b.
- c.
- d.
- e.

**17. Teaching for patients taking narcotic pain relief should NOT include:**

- a. Do not drink alcohol with this medication
- b. This medication is often abused so keep them out of sight
- c. This medicine has a strong potential for addiction so be careful not to take too much
- d. Take pain medicine may increase your risk of falls so be sure to use DME
- e. Drink 6 – 8 glasses of water daily to prevent constipation with this medicine

**18. What is the upper limit of Tylenol or acetaminophen that is safe for most adults to take?**

- a. 1 gm
- b. 2 gm
- c. 3 gm
- d. 4 gm

**19. The early signs of acetaminophen over dosage may include:**

- a. nausea and vomiting
- b. appetite loss
- c. jaundice
- d. tiredness
- e. sweating

**20. Name five medications that include acetaminophen as an active ingredient.**